



Guildford Grammar School • Outdoor Education PROGRAM

Year 8 Margaret River Adventure



Invitation & Equipment List



Year 8 Outdoor Learning Program

Dates

School Departure – Monday 6th May: **Arrive at 7.00am for a prompt departure.**

School Return – 4.30pm, Thursday 9th May, 2024

The coach will depart from and return to the DLD bus bays.

Location

The Year 8 program and all activities will be held across various sites in the Margaret River Blackwood Region.

You will spend your nights between base camp and other secluded campsites nearby.

Program Overview

The Year 8 program, in collaboration with The Outdoor Education Group has been designed as an introduction to expedition programming. Students will continue to develop skills learnt on previous school programs. The experience is intended to spark an interest and connection with the natural world, encourage adventure and develop deeper relationships with oneself and others. Students are introduced to a range of outdoor experiences including:

- Bushwalking, basic navigation and route planning
- Preparation and packing for an overnight hike
- Canoeing
- Abseiling and Rock Climbing
- Camp cooking on “Trangia” stoves- Meals prepared in safe and structured lesson format.
- A strong theme of all Guildford Grammar Outdoor Learning Programs is learning about the natural and cultural history of the area where the program takes place.

Groups and Accommodation

All year 8's will attend the program at the same time; however, you will be placed into eight separate activity groups for the duration of the program. Students will be informed of their group in the week prior to the program.

Students will be sleeping in three person tents on foam sleeping mats, which students need to bring.

Tent Group Preferences:

The following link will give you access to submit your preference tent groups. You will need to submit these by no later than this **Friday 15th March (4.00pm):**

LINK: [TENTGROUPSELECTIONS](#)

Please note: We will do our very best to accommodate your preferences. However, we cannot promise you will have your specified group. Your mentors and Heads of House will have the final say regarding these allocations. Follow the link and read the instructions carefully. Failure to submit nominations correctly, may result in your submission being disregarded.

Please be kind, inclusive, and considerate of other feelings in this process.

Prescription Medication

Prescription medication will need to be handed to Senior Admin prior to departure. Medications will need to be provided in a “blister pack” distributed by your local pharmacist. It is not recommended that students bring ‘over the counter’ medications, unless arranged with staff.

Food

All food will be provided by GGS and the OEG catering team. Food quantities will need to be organized well in advance, so families will need to provide dietary information prior to the program.

What to Bring

In addition to a great attitude ... The equipment list contains items required for various environmental conditions and activities that may be encountered during the Outdoor Learning Program. Depending on weather, you will use all or most of these items so please bring **EVERYTHING** listed. Please do not bring pillows or any massive suitcases to camp, it is not conducive to the camp environment. A softshell hiking bag or duffel bag is what is required. If you would like to have some extra comfort, bring a pillowcase that you can fill with soft clothing for sleeping. If you are unsure of the size of your bag, pop into the Year 7/ 8 HUB offices and check.

Year 8 Outdoor Learning Program

STUDENT EQUIPMENT LIST

No	ITEM DESCRIPTION	PACKED
	ESSENTIAL EQUIPMENT – ALL PARTICIPANTS TO BRING	
	PERSONAL CLOTHING	
1	Sturdy Hiking Boots, Walking Shoes or Runners (Should have good grip and be worn in – no elastic sided boots, skate shoes, Volleys)	
1	Comfortable shoes for around camp – must be closed toe, no thongs or slippers.	
1	Water shoes/ booties, old runners or volleys for canoeing.	
1	Raincoat with a hood – Gore-Tex or similar – thigh length	
1 pair/day	Socks – hiking socks, 'Explorer' or similar.	
1 pair/day	Underwear	
1 pair	Thermal underwear -long sleeve top and pants – wool or synthetic, NOT COTTON	
1	Long Pants – loose fitting, NO JEANS	
2	Shorts – Board shorts or School Sports shorts – No short shorts allowed (a climbing harness has to be worn)	
1	Long sleeved shirts with collar – cotton or cotton blend	
2	Short sleeved shirts with collar – sports shirts are good – NO SINGLETS	
2	Fleece or wool/ wool mix jumpers – thick and warm – no cotton hoodies	
1	Broad brim sun hat or GGS Bucket Hat – NO CAPS ALLOWED	
1	Beanie	
	PERSONAL ITEMS	
1	Small hand sanitiser	
1	Insect repellent – roll on type	
1	Sunscreen, zinc, lip balm	
1	Toothbrush and toothpaste	
1	Flannel for 'bush bathing' – optional	
1	Feminine hygiene – sanitary items and handwipes – even if you are not expecting to need them. (100% biodegradable is recommended)	
1	Wristwatch – NO SMARTWATCHES	
1	Strapping tape if you need to strap an injury daily	
	Those who wear glasses – please bring a retaining strap and a sturdy case.	

	PERSONAL EQUIPMENT	
1	MORNING TEA AND LUNCH for Day 1 – No Nuts.	
1	Sleeping bag – quality synthetic or down, rated to -5 degrees or below. Must have a compression bag.	
1	Sleeping Mat (closed cell foam, no more than 10cm thick and 50x180 or a self-inflating hiking mat)	
1	Strong fork and spoon	
1	Strong plastic bowl for eating meals & or screw/clip lock container	
1	Mug suitable for camping – not ceramic	
2	Tea Towels	
1	Small towel or chamois	
1	Head torch and spare batteries	
3	Water bottles (1 litre per bottle minimum) – MT Frankland bottles work well. NOT METAL or GLASS	
2	Large Plastic Bags (orange multix brand)	
2	Extra Large snaplock bags to waterproof cloths	

Personal Equipment Examples

A good raincoat looks like this:



This Raincoat is made from Gore-Tex or Synapse or similar membrane and extends to mid-thigh.

A poor raincoat looks like this:



plastic or similar material.

This raincoat is made of

These shoes are sturdy and acceptable.



These shoes are less supportive, OK for water activities and around camp.



This is a quality down filled sleeping bag:



This is a poor choice Big W type synthetic sleeping bag



This is a warm fleece Jumper and a good choice.



This is a poor choice for warmth – cotton hoodie.



A sensible broad brim hat



A sensible bucket hat



This is a suitable screw lid container for your bowl/lunch/dinner box.



This is a suitable lid lock container for your bowl/lunch/dinner box



Cheap and strong water bottle.



A commonly used water bottle



A closed cell foam camping mat



Self-inflating hiking mat



SIZE COMPARISON



NALGENE 320Z



COMPRESSED



NOT COMPRESSED

Obtaining Clothing and Equipment

Many suitable items can be found around the home or borrowed from friends and family. Additional items may be purchased from stores such as Kathmandu. If you do need to purchase any new items- Kathmandu is offering significant discounts to GGS Year 8 Campers, **on the weekend of 18th- 21st April.**

We look forward to our adventure together and please remember- you can always come and talk to us if you have any questions, big or small! We want you to feel prepared and ready for a great time.

Year 8 OLP - 2024- Tent Groups

