



# Dining Hall Menu

**WEEK 4**  
TERM3 - 2023

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>BREAKFAST</b> 7.00 - 8.10am	<i>Daily: Continental breakfast • Selection of cereals, fresh fruit, fruit compotes, fruit juice, toast, muffins, crumpets, breads, spreads and hot beverages</i>							
		Scrambled Egg, Bacon, Baked Beans, or Pikelets	Fried Egg, Sausage, Hash Brown, or Waffles	Scrambled Egg, Bacon, Baked Beans, or Pikelets	Fried Egg, Sausage, Hash Brown, or Waffles	Scrambled Egg, Bacon, Baked Beans, or Pikelets	Full English Breakfast	Filled Croissants Continental Breakfast
<b>MORNING TEA</b> Mon-Thurs 10.52 - 11.30am Friday 11.10 - 11.30am	<i>Daily: Whole fresh fruit, platter or salad</i>							
		Soup & Bread Roll	Ham & Cheese Scroll	Soup & Bread Roll	White chocolate Muffin	Bacon Roll	N/A	N/A
<b>LUNCH</b> Mon-Thurs 1.00 - 1.30pm Friday 12.30 - 1.00pm	<i>Daily: Tossed garden salad • Selection of whole and cut fresh fruits in season • Fresh bread rolls or bread (white, wholemeal, multigrain, pitta)</i>							
	Main	Chili Con Carne	Creamy Basil Chicken Gnocchi Bake	Pizza Bar with a Selection of Toppings	Hoi Sin Beef Noodle Stir Fry with Prawn Crackers & Spring Rolls	Korean Chicken Brioche Burger with Siracha Mayo & Fries	MYO Sub's	Cajun Style Pork & Pineapple with Cajun Rubbed Potatoes
	Vegetarian	Creamy Sundried Tomato & Parmesan Pasta	Sweet & Sour Cauliflower & Fried Brown Rice		Mushroom Risotto	Tempura Vegetables Burger with Beetroot Chutney		
<b>AFTERNOON TEA and SUPPER</b> (Supplied to Boarding Houses)								
<b>DINNER</b> 5.30 - 6.15pm	<i>Daily: Tossed garden salad • Selection of whole and cut fresh fruits in season • Fresh bread rolls or bread (white, wholemeal, multigrain, pitta)</i>							
	Main	Peri Peri Chicken with Spicy Potato Wedges & Buttered Corn	Beef Stroganoff with Mustard Mash & Greens	Steak Sandwich with Wedges, Onion Rings & Slaw	Creamy Stuffed Italian Chicken Breast with Roasted Herby Potatoes & Green	Spicy Beef Pad See Ew	Creamy Japanese Chicken Curry with Broccolini, Baby Spinach & Lime Rice	Roast Beef with Yorkshires Pudds, Honey & Mustard Parsnips & Horseradish
	2nd Choice	Sweet Spiced Crispy Salmon Fillet with Roasted Vegetable Cous Cous	Breaded Pork Schnitzel with Peppercorn Sauce	Buffalo Chicken Wings Sweet Potato Fries	Crispy Pork Belly Bites with Parsnip Crisps & Honey Glazed Carrots	Fish Tacos with Chili Corn Relish & Spicy Lime Mayo		Lemon & Thyme Roast Chicken with Savoy Cabbage, Roast Carrots & Rosemary Potatoes
	Vegetarian	Spinach & Ricotta Ravioli	Pumkin & Goats Cheese Filo Tart	Vine Tomato Tarte Tatin with balsamic & Feta	Halloumi & Spinach Pesto Risotto	Eggplant Rollatini	Nasi Goreng with Vegetable Kebab	Spanish Potato Tortilla
<b>DESSERT</b>	Strawberry Gateau	Classic Bread & Butter Pudding	Baked Lemon Tart	Oreo Cheesecake	Chocolate Mud Cake	Lemon Meringue	Pear Tarte Tatin	