



Dining Hall Menu

WEEK 1
TERM3 - 2023

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
BREAKFAST 7.00 - 8.10am		<i>Daily: Continental breakfast • Selection of cereals, fresh fruit, fruit compotes, fruit juice, toast, muffins, crumpets, breads, spreads and hot beverages</i>						
		Scrambled Egg, Bacon, Baked Beans, or Pikelets	Fried Egg, Sausage, Hash Brown, or Waffles	Scrambled Egg, Bacon, Baked Beans, or Pikelets	Fried Egg, Sausage, Hash Brown, or Waffles	Scrambled Egg, Bacon, Baked Beans, or Pikelets	Full English Breakfast	Filled Croissants Continental Breakfast
MORNING TEA Mon-Thurs 10.52 - 11.30am Friday 11.10 - 11.30am		<i>Daily: Whole fresh fruit, platter or salad</i>						
		Soup	Fresh-baked cookie	Soup	Breakfast wrap	Doughnut	N/A	N/A
LUNCH Mon-Thurs 1.00 - 1.30pm Friday 12.30 - 1.00pm		<i>Daily: Tossed garden salad • Selection of whole and cut fresh fruits in season • Fresh bread rolls or bread (white, wholemeal, multigrain, pitta)</i>						
Main		Harissa infused Chicken with Spiced Sweet Potato & Moroccan Style Cous Cous	Build Your Own Pulled Pork Burrito	Pizza selection	Buffalo Chicken with Spicy Rice, Green Beans, Flat Bread & Sour Cream Drizzle	Battered Fish or Sausage & chips with lemon wedge and tartar sauce.	Kentucky chicken With Whipped Potato & Gravy	MYO (make your own)
Vegetarian		Pasta Bar with Toppings	Vegetarian Burrito	Roasted Eggplant & Pesto Pizza	Spicy Cauliflower Florets with Accompaniments	Zucchini Fritters	Crumbed Egg Plant Chips	Vegetables
AFTERNOON TEA and SUPPER (Supplied to Boarding Houses)								
DINNER 5.30 - 6.15pm		<i>Daily: Tossed garden salad • Selection of whole and cut fresh fruits in season • Fresh bread rolls or bread (white, wholemeal, multigrain, pitta)</i>						
Main		Beef lasagna and garlic bread	Red Thai Curry with Sticky Jasmin Rice & Chili Jam Stir Fry Vegetables.	Chicken Parmigiana Oven-Baked Wedges & Buttered corn	Porterhouse Steak, Creamy Potato Bake, Roast Carrots & Steamed Broccoli	Honey Mustard Crumbed Chicken Schnitzel with Scallop Potatoes, Sauteed Zucchini & Baby Corn	Sloppy Joe Meatball Bake	Roast Leg-of-Lamb, Cauliflower & Leek Bake, Garlic-Roasted Potatoes
2nd Choice		Ricotta and spinach cannelloni	Thai Infused Prawn Curry	Beef Ravioli	Grilled Chicken Breast with Peppercorn Sauce	Pork Chops with Tomato & Bacon Topping	Pizza Sticks	Slow-Roast Beef with Honey Mustard, Parsnips & Baby Carrots
Vegetarian		Gnocchi	Mushroom & Parmesan Linguini & Garlic Bread	Spinach, cheese and spring Onion-Stuffed potatoes	Vegetarian Parmigiana	Vegetarian Pasta Bake	Stuffed Bell Peppers with Spinach, Mushroom & Ricotta	Bread-Crumbed Filled Mushrooms
DESSERT		Oreo cheesecake	Jelly	Lamington	Tiramisu	Bread & Butter Pudding	Toffee apple cake	Ice cream