

# 2024 Co-Curricular Friday Activities

## Semester 1



Guildford Grammar School

FOUNDED 1896

# Important information

- Use this brochure to help you choose your Friday Activity
- Visit the co-curricular website: [www.socscms.com/login/28731/pupil](http://www.socscms.com/login/28731/pupil) to sign up to your chosen activity
- Sign in as 'Pupil' - login details are now linked to your Guildford Grammar School email address and password, and should automatically log you in.
- Once logged in, select your Friday Activity by following these steps:
  - Click on 'Activities'
  - Click on 'Friday Afternoon Activities' to view the options
  - Click on the 'Add' button
  - Another window will open and show you any conflicts this activity may cause with other activities already in your calendar (there shouldn't be any). Click on 'Add Activity' to finalise your selection.
  - You can double check you are signed up for this particular activity by clicking on 'My Calendar', changing view to 'This Week', and scrolling ahead to the week of the first session
- **Sign up opens on Monday 15 January, 5pm**
- **Sign up closes on Wednesday 31 January, 5pm**
- In the week following closure of sign up, your parents/guardians will be sent a confirmation email containing a link for consent and payment (if applicable) through Consent2Go. It is a requirement that consent and payment (if applicable) is submitted prior to you commencing your selected activity.
- If you have any queries, please email: **Karlie Payne**, Director of Co-curricular and Experiential Learning: [co-curricular@ggs.wa.edu.au](mailto:co-curricular@ggs.wa.edu.au)

# Friday Activity expectations

- Pick an activity you want to try, practice or are interested in finding out more about - it may be a hidden passion or talent of yours! It is a commitment for the term.
- Sign up as early as possible to get your first preference – some activities are limited in availability.
- You are expected to attend your selected activity each week.
- Activities run from 1:00-3:30pm if offered on campus. For those activities that occur off campus, you must meet at your designated location and time – transport will not wait!
- Have fun and enjoy!



## Athletics Development • Term 2 only

GGs athletes will have the opportunity to develop their skills for the Athletics season with specific technical sessions, as well as competition opportunities.

<b>Provider:</b>	<b>GGs Coaches</b>
<b>Age group:</b>	<b>Year 10-12</b>
<b>On/off campus:</b>	<b>On and off campus</b>
<b>Cost:</b>	<b>No charge</b>

## Barre Fitness & Lyrical Dance

Barre Fitness is based on ballet exercises incorporating pilates, yoga, and strength training. Lyrical Dance is an expressive form of dance through a combination of Ballet, Jazz and Modern Dance. This Friday Afternoon Activity will allow students to express themselves through routines and imaginative dance both independently and with partners and groups.

<b>Provider:</b>	<b>Rasie the Barre Ballet</b>
<b>Age group:</b>	<b>Year 10-12</b>
<b>On/off campus:</b>	<b>On campus</b>
<b>Cost:</b>	<b>\$200</b>



## Become a Barista!

Yahava Koffeeworks in West Swan are offering you the opportunity to become a barista by the end of the term.

Participants will receive the Barista Induction and Advanced Barista certificates, as well as plenty of practical skills and theoretical knowledge of coffee, which will help you to find work in a café as a junior café member.

You can expect to learn the following:

- Background of coffee and tasting experience
- An introduction to espresso
- An introduction to milk texturing
- Advanced espresso extraction
- Advanced milk preparation and practice
- Café flow/coffee service
- Mock café setup

<b>Provider:</b>	<b>Yahava Koffeeworks, West Swan</b>
<b>Age group:</b>	<b>Year 10-12</b>
<b>On/off campus:</b>	<b>Off campus</b>
<b>Cost:</b>	<b>\$300.00</b>





## Becoming a Better Performer - Academically

Students will have the opportunity to learn specific study skills to help them tackle their schooling at GGS and beyond.

**Run by:** GGS Staff and external experts  
**Age group:** Year 10-12  
**On/off campus:** On campus  
**Cost:** \$75 to cover tutors and external experts

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## Cadets

As with any Army Cadet Unit, there is an element of drill involved but students can also participate in a range of other activities, including canoeing, rock climbing, abseiling, mountain biking, camping (field craft), field engineering, survival, navigation, community service, first aid, radio procedures, firearms handling and marksmanship.

All uniform and equipment is loaned to Cadets at no cost and there is no additional charge for any of the activities.

**Provider:** GGS, Officer Commanding CAPT (AAC) Martin Dell  
**Age group:** Year 10-12  
**On/off campus:** On campus  
**Cost:** No charge



## Created to Create

Spend your Friday afternoons creating your own artwork, relaxing with your peers as you create your own masterpiece with the selected medium on offer. Be guided by experts, whilst enjoying the freedom of choosing your own artistic adventure.

There are no pre-requisites for students to engage in this activity and all equipment is provided.

**Provider:** Faire & Co  
**Age group:** Year 10-12  
**On/off campus:** On campus  
**Cost:** \$250





## First Aid and CPR

Surf Life Saving WA have been saving lives for over 100 years on the beach through their life saving services. On top of this, they help the community through the delivery of training and education programs and courses, equipping everyday Australians to be lifesavers.

So who better to gain your First Aid training and complete your CPR course with, then the lifesaving experts at Surf Life Saving WA?

<b>Provider:</b>	<b>Surf Life Saving WA</b>
<b>Age group:</b>	<b>Year 10-12</b>
<b>On/off campus:</b>	<b>On campus</b>
<b>Cost:</b>	<b>\$145</b>





## Generations Meet

An option within The Guildford Partnership is Generations Meet. This activity will be aimed at working with Elders from the City of Swan and building intergenerational skills together. You will map out activities with the Elders to engage in each week, with the intention that you build positive friendships and gain a new perspective on life.

<b>Provider:</b>	<b>City of Swan and GGS Staff</b>
<b>Age group:</b>	<b>Year 10-12</b>
<b>On/off campus:</b>	<b>Off campus, City of Swan</b>
<b>Cost:</b>	<b>No charge</b>



## GGS Pride & Content Creation

Term 2 only

Collaborate with Mr Dymock to produce and collate creative content each week that develops enjoyable, innovative and informative communications. Students who have an interest in journalism, photography, artistic design or engaging with Year 7-9 students around their abilities and achievements are encouraged to join this group.

<b>Provider:</b>	<b>GGS Staff</b>
<b>Age group:</b>	<b>Year 10-12</b>
<b>On/off campus:</b>	<b>On campus</b>
<b>Cost:</b>	<b>No charge</b>

## The Guildford Partnership

For this activity you will collaborate with GGS Staff with a focus on transformational service, developing ideas around how we as a community can contribute to others. This will include a partnership with Anglicare, focused around enhancing the skills of our Anglicare Ambassadors and trip to local primary schools, including our own Prep School. Along with these contributions, students will coordinate the Senior School recycling and Containers for Change initiative, as well as other student led partnerships.

<b>Provider:</b>	<b>GGS Staff</b>
<b>Age group:</b>	<b>Year 10-12</b>
<b>On/off campus:</b>	<b>On and off campus</b>
<b>Cost:</b>	<b>No charge</b>





## GGS Farmers Market and Coffee Cart

This opportunity aims to develop students' skill sets, collaborating with local hospitality businesses and local produce farmers to create a small business in action. You will work with peers to engage with suppliers to procure items, collaborate on a marketing plan and implement ideas each week based around fresh produce and coffees.

<b>Provider:</b>	<b>GGS Staff</b>
<b>Age group:</b>	<b>Year 10-12</b>
<b>On/off campus:</b>	<b>On campus</b>
<b>Cost:</b>	<b>No charge</b>





## Keys for Life

A driver's license is one of the most valuable privileges anyone can have. With independence and freedom comes responsibility. Young people participating in Keys for Life gain valuable skills, as well as knowledge about road rules, licensing, safer vehicles and safer driving practices.

<b>Provider:</b>	<b>GGG Teaching Staff</b>
<b>Age group:</b>	<b>Year 10</b>
<b>On/off campus:</b>	<b>On campus</b>
<b>Cost:</b>	<b>No charge</b>

## Martial Arts – Boys and Girls

Run by Clarity Jiu Jitsu, you will engage in an introduction to Martial Arts on campus with a focus on Jiu Jitsu and games. You will learn initial movements and progress as a group, dependent on skill levels.

<b>Provider:</b>	<b>Clarity Jiu Jitsu</b>
<b>Age group:</b>	<b>Year 10-12</b>
<b>On/off campus:</b>	<b>Off campus</b>
<b>Cost:</b>	<b>\$175 per term</b>



## Mock Trial

The Law Society of WA coordinates an interschool Mock Trial competition each year for students enrolled in Year 10-12.

A mock trial is a simulated court case in which teams contest a fictitious legal matter presented in the WA court system. The cases are presented by two teams – a prosecution/plaintiff team and a defense/defendant team – made up of students playing the roles of barristers, solicitors, witnesses and court officials.

The Mock Trial Competition provides students with an opportunity to learn valuable skills in research and in the development and presentation of a persuasive argument.

Teams consist of 2 x barristers, 2 x witnesses, 1 x instructing solicitor, 1 x court orderly or judge's associate/magistrate's clerk and 2 x reserves.

<b>Run by:</b>	<b>GGG Staff</b>
<b>Age group:</b>	<b>Year 10-12</b>
<b>On/off campus:</b>	<b>On campus</b>
<b>Cost:</b>	<b>No charge</b>





## Ministry of Sound DJ Course

This course will be run by DJ FADJ and will focus on a progression of skills to enable you to beatmatch, loop and perform a DJ set with confidence. Along with this, you will be able to put your skills to the test at your party in the last week, hosted at Hen House Studios!

<b>Provider:</b>	<b>DJ FADJ</b>
<b>Age group:</b>	<b>Year 10-12</b>
<b>On/off campus:</b>	<b>On campus and last session off campus</b>
<b>Cost:</b>	<b>\$300</b>



## Philosophy Café Junior

Students will assist Mr Rogers and Mrs Ray in developing and implementing a philosophy-based program for our able Year 3-6 students in the Prep School. There is an opportunity to develop and lead activities to foster critical, creative and collaborative thinking for these students and develop personal skills of mentorship, leadership and teaching. This activity will assist those who may be already interested in philosophy, those wishing to increase their knowledge in this area or those who have an interest in teaching as a career.

<b>Provider:</b>	<b>GGS Staff</b>
<b>Age group:</b>	<b>Year 10-12</b>
<b>On/off campus:</b>	<b>On campus</b>
<b>Cost:</b>	<b>No charge</b>

## Rugby Development · Term 2 only

This activity is for Senior Rugby players in Year 10-12. All players are encouraged to sign up.

The senior coaching team will be running the sessions which will include tactical workshops, set piece training and a captain's run.

It will also provide an opportunity to evaluate previous matches and plan for future fixtures.

<b>Provider:</b>	<b>GGS Staff</b>
<b>Age group:</b>	<b>Year 10-12</b>
<b>On/off campus:</b>	<b>On campus</b>
<b>Cost:</b>	<b>No charge</b>



## Soccer Development

This activity is for Senior Soccer players in Year 10-12. Coach Dean will be leading the sessions which will include tactical workshops, set piece training and general fitness.

It will also be an opportunity to evaluate previous matches and plan for future fixtures.

<b>Provider:</b>	<b>GGS Staff</b>
<b>Age group:</b>	<b>Year 10-12</b>
<b>On/off campus:</b>	<b>On campus</b>
<b>Cost:</b>	<b>No charge</b>





## Sport Assisting

### Summer (T1) and Winter (T2) sports

**Term 1:** Jr Volleyball, Jr Beach Volleyball, Jr Basketball, Jr Cricket, Jr Rowing  
**Term 2:** Jr AFL, Jr Soccer, Jr Hockey, Jr Rugby.

If you would like to assist our staff and coaches in your respective sport on Friday afternoons, this is the activity for you. Your role each week will be determined by the respective staff in charge. Typical roles for sport assistants include assisting with coaching, score keeping and refereeing.

If you are a badged official, you will be paid. If not, this activity can provide an opportunity to acquire Community Service hours.

**Run by:** Teachers-in-Charge  
**Age group:** Year 11-12; Year 10s who are badged officials are welcome to express interest  
**On/off campus:** On/off campus



## STEMSmart – 2D Game Design

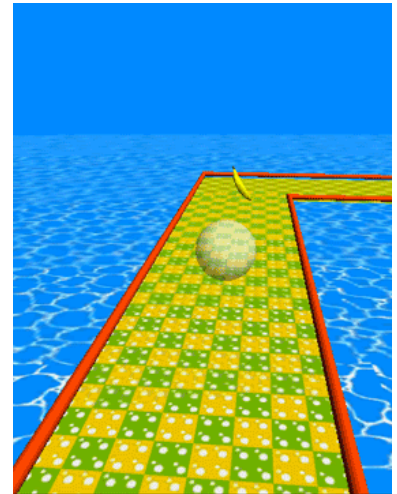
Students will be led by expert instructors through GameMaker Studio 2, learning the fundamentals of game development. In this open-ended course, students will learn how to implement essential game mechanics that can be applied to any game they can imagine.

<b>Provider:</b>	<b>GGG Staff</b>
<b>Age group:</b>	<b>Year 10-12</b>
<b>On/off campus:</b>	<b>On campus</b>
<b>Cost:</b>	<b>\$260</b>

## STEMSmart – 3D Game Design

Discover the incredible power of Unity, the tool that has brought the world games such as Among Us, Fall Guys, and Subnautica. Expert tutors will guide you through the Unity platform as you begin your game development journeys. You will learn skills including asset design, level design, and simple C# programming.

<b>Provider:</b>	<b>GGG Staff</b>
<b>Age group:</b>	<b>Year 10-12</b>
<b>On/off campus:</b>	<b>On campus</b>
<b>Cost:</b>	<b>\$260</b>







## Sports Coaching and Development

This course will provide you the opportunity to develop your skills in a sport of your choice, gaining a coaching certification and collaborating with experts in fields such as mobility, dietetics and WAIS, to enhance your knowledge with the hope to equip you to be able to contribute to the Guildford community and greater.

<b>Provider:</b>	<b>GGS Staff and external providers</b>
<b>Age group:</b>	<b>Year 10-12</b>
<b>On/off campus:</b>	<b>On campus</b>
<b>Cost:</b>	<b>No charge</b>



## Yoga and Mindfulness

Awakening the flow of creative energy and self-expression through yoga, movement, connection games, improvisation and relaxation techniques.

Assisting students to learn gentle stretching to help with greater movement range, find focus and inner strength through visualization and relaxation.

<b>Run by:</b>	<b>Ms Claire Pianta, Common Earth Studio</b>
<b>Age group:</b>	<b>Year 10-12</b>
<b>On/off campus:</b>	<b>Off campus</b>
<b>Cost:</b>	<b>\$175</b>





## Year 12 Production Rehearsals, Production Rehearsals & Music Studies

**For students involved in Year 12 Drama Production, Senior Production (Term 2),  
or General/ATAR Music**

This activity caters for those students who are involved in rehearsals for *Legally Blonde*, or who would like to have more time to practice and/or work on current assessment and performance pieces. Please note that students who choose this activity will be expected to arrive with appropriate equipment and resources, to use their time effectively, and to demonstrate maturity and respect in the School of Music throughout the afternoon.

<b>Provider:</b>	<b>GGG Staff</b>
<b>Age group:</b>	<b>Year 10-12</b>
<b>On/off campus:</b>	<b>On campus</b>
<b>Cost:</b>	<b>Free</b>



# Guildford Grammar School

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