

2022 Co-Curricular Friday Activities

Term 2



Guildford Grammar School

FOUNDED 1896

Important information

- Use this brochure to help you choose your Friday Activity for this term
- Visit the co-curricular website: www.socscms.com/login/28731/pupil to sign up to your chosen activity – first come, first serve!
- Sign in as 'Pupil' using the following:
Username: `firstname.lastname@student.ggs.wa.edu.au`
Password: **2022Co-curricular** (this is the default password).
*Please change this password if you haven't already under 'settings' once logged in to something individualised so only you have access to your account.
- Once logged in, select your Friday Activity by following these steps:
 - Click on 'Activities'
 - Click on 'Friday Afternoon Activities' to view this term's options
 - Click on the 'Add' button
 - Another window will open and show you any conflicts this activity may cause with other activities already in your calendar (there shouldn't be any). Click on 'Add Activity' to finalise your selection.
 - You can double check you are signed up for this particular activity by clicking on 'My Calendar', changing view to 'This Week', and scrolling ahead to the week of the first session
- **Sign up opens on Monday 21 March**
- **Sign up closes on Sunday 27 March**
- In the week following closure of sign up, your parents/guardians will be sent a confirmation email containing a link to an online consent form and online payment (if applicable). It is a requirement that this consent form and payment (if applicable) is submitted prior to you commencing your selected activity next term.
- If you have any queries, please email: **Jennifer Patriquin**, Director of Co-curricular and Experiential Learning: co-curricular@ggs.wa.edu.au

Friday Activity expectations

- Pick an activity you want to try, practice or know you'll enjoy. It is a commitment for the term.
- Sign up as early as possible to get your first preference – some activities are limited in availability.
- You are expected to attend your selected activity each week.
- Activities run from 1:00-3:30pm if offered on campus. For those activities that occur off campus, you must meet at your designated location and time – transport will not wait!
- Have fun and enjoy!



Become a Barista!

Yahava Koffeeworks in West Swan are offering you the opportunity to become a barista by the end of the term.

Participants will receive the Barista Induction and Advanced Barista certificates, as well as plenty of practical skills and theoretical knowledge of coffee, which will help you to find work in a café as a junior café member.

You can expect to learn the following:

- Background of coffee and tasting experience
- An introduction to espresso
- An introduction to milk texturing
- Advanced espresso extraction
- Advanced milk preparation and practice
- Cafe flow/coffee service
- Mock cafe setup

Provider:	Yahava Koffeeworks, West Swan
Age group:	Year 11 and 12
On/off campus:	Off campus
Cost:	\$300.00

Cadets

As with any Army Cadet Unit, there is an element of drill involved but students can also participate in a range of other activities, including canoeing, rock climbing, abseiling, mountain biking, camping (field craft), field engineering, survival, navigation, community service, first aid, radio procedures, firearms handling and marksmanship.

All uniform and equipment is loaned to Cadets at no cost and there is no additional charge for any of the activities.

Provider:	GGs, Captained by Mr Dell
Age group:	Year 10-12
On/off campus:	On campus
Cost:	No charge



Creative Digital Design and Media with Adobe

This course is designed for students interested in graphic design, digital publishing and online media creation. During this course, you will learn how to use the Adobe Suite, which includes Photoshop, Illustrator, Clip and Premiere Pro. You will learn core skills within creative digital design that will be highly adaptable and applied across personal, academic and professional contexts. You will also learn how to create different digital media using professional level graphic design tools.

Students will need to provide their own laptop and, where applicable, may need to obtain their own software license (such as Adobe).

Provider:	StemSmart
Age group:	Year 10-12
On/off campus:	On campus
Cost:	\$300



The Career Experiment

The Career Experiment is an eight week career accelerator program to help students experiment and explore career and study pathways for Senior School.

This program encourages students to 'think like a scientist' - thinking methodically, exploring potential careers, testing and validating their assumptions via virtual work experience, networking, experimenting and prototyping. Students gain real world experience as well as exposure to the most innovative tools at their disposal to help them make data-driven choices about their future path, building future-ready skills along the way.

Topical discussions and activities that students can expect during the term include:

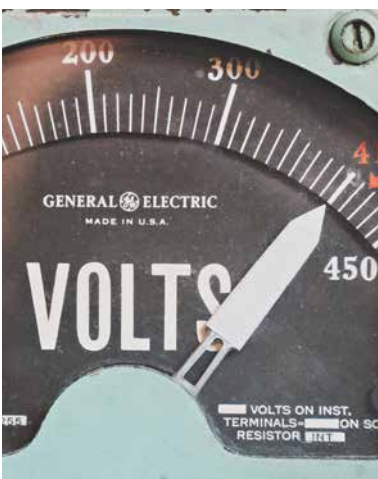
- Future-ready career mindset
- Prototype your dream career
- Design and conduct career experiments
- Exploration – what's out there for me?
- Interviewing for information
- Go with your gut: qualitative choices
- Making data-driven career choices
- 21st century skills and tools

Provider:	Purposeful.org
Age group:	Year 10
On/off campus:	On campus
Cost:	No charge

Defensive Driving Lessons

Defensive Driving School Perth offers our students a discounted rate on driving lessons through the Friday Activity Program, with the opportunity for students to arrange lessons in pairs to learn from each other's driving experiences. Students must have their L-plates and show proof of these prior to being permitted to drive. Driving instructors will also sign off on logbooks for students who supply these at the commencement of each session. All vehicles are four-cylinder, smooth and easy to drive. Lessons can occur in manual or automatic transmissions – students must indicate their preference in advance of the start of each term so the appropriate cars/instructors can be arranged.

Provider:	Defensive Driving School Perth
Age group:	Year 11 and 12 (with L-plates or P-plates)
On/off campus:	Off campus
Cost:	\$400 (\$50 per session)



EV Challenge

The EV Challenge, powered by Synergy, is Australia's longest running electric motorsport competition, first established in 2001. The aim of the event is to have teams - mainly from high schools - design, build, test and construct a small single seat electric vehicle. Powered by a limited battery capacity and built to a limited budget, teams try and complete as many laps of a closed course as possible in one hour. The EV Challenge powered by Synergy is one of Australia's premier STEM education competitions, encouraging innovative engineering in a competitive and stimulating arena.

Provider:	GGS, Teaching Staff member
Age group:	Year 11 and 12
On/off campus:	On campus
Cost:	\$100

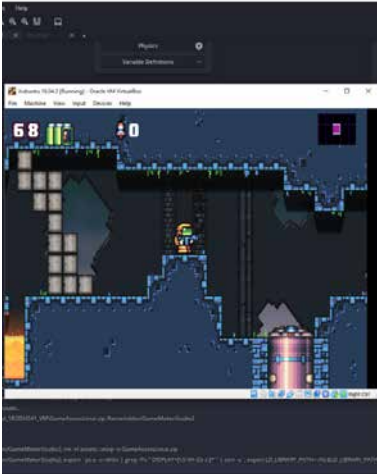


First Aid and CPR

Surf Life Saving WA have been saving lives for over 100 years on the beach through their life saving services. On top of this, they help the community through the delivery of training and education programs and courses, equipping everyday Australians to be lifesavers.

So who better to gain your First Aid training and complete your CPR course with, then the lifesaving experts at Surf Life Saving WA?

Provider:	Surf Life Saving WA
Age group:	Year 10-12
On/off campus:	On campus
Cost:	\$100

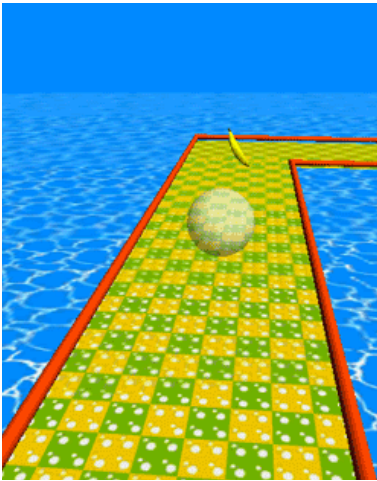


Game Design with GameMaker Studio 2

This course leverages the very popular GameMaker platform, introducing budding young designers and developers to the principles of practical game design and development, world building and (GameMaker Language (GML) programming. By the end of the course, you will have experienced a design cycle, from conception to creation to build a working 2D platform game.

Students will need to provide their own laptop and, where applicable, may need to obtain their own software license (such as Adobe).

Provider:	StemSmart
Age group:	Year 10-12
On/off campus:	On campus
Cost:	\$300



Game Development with Unity

In this course, you will be introduced to the Unity platform and taught the fundamental concepts of programming and design used through the development process. This involves a comprehensive guide to navigating Unity, an introduction to programming in C#, with a special focus on learning and implementing strong design principles.

Students will need to provide their own laptop and, where applicable, may need to obtain their own software license (such as Adobe).

Provider:	StemSmart
Age group:	Year 10-12
On/off campus:	On campus
Cost:	\$300



Golf

Term 2 Golf is intended to prepare students for upcoming interschool Golf tournaments. Students interested in competing in the PSA Golf Tournament later this year are encouraged to select this activity.

Consider joining on Fridays for a hit and see if golf could be a new sport for you!

Provider:	External Coach
Age group:	Year 10-12
On/off campus:	On/off campus
Cost:	\$100



Film Project – Recording Indigenous Stories at GGS

As a part of the School's Reconciliation Plan, we need a film crew to assist in recording footage and interviews with our Indigenous students. Students do not need any film experience, but an interest in learning about the film project, and learning more about Aboriginal and Torres Strait Islander cultures. Students involved in this activity will be filming students and editing footage as well as recording their stories at GGS.

This activity will provide an opportunity to acquire Community Service hours over the course of the term.

Provider:	GGS, Teaching Staff member
Age group:	Year 11 and 12
On/off campus:	On and off campus
Cost:	No charge

It Just Got Real!

Research tells us that mass media and pornography account for much of what students are exposed to and learn from, when it comes to forming attitudes and beliefs about sex – how to look, how to act and how to feel.

The images and content depicted are often very poor educators, as the influence of advertising and consumerism overrides the necessity for relevant and accurate information.

Red Ginger Wellness aims to 'fight fire with fire' and provide context to what you may be accessing online, and in popular culture through it's innovative, engaging and fun Hot Topics weekly workshops.

Provider: Red Ginger Wellness
Age group: Year 10
On/off campus: On campus
Cost: No charge



Keys for Life

A driver's license is one of the most valuable privileges anyone can have. With independence and freedom comes responsibility. Young people participating in Keys for Life gain valuable skills, as well as knowledge about road rules, licensing, safer vehicles and safer driving practices.

Provider: GGS Teaching Staff
Age group: Year 10
On/off campus: On campus
Cost: No charge

Mock Trial

The Law Society of WA coordinates an interschool Mock Trial competition each year for students enrolled in Year 10-12.

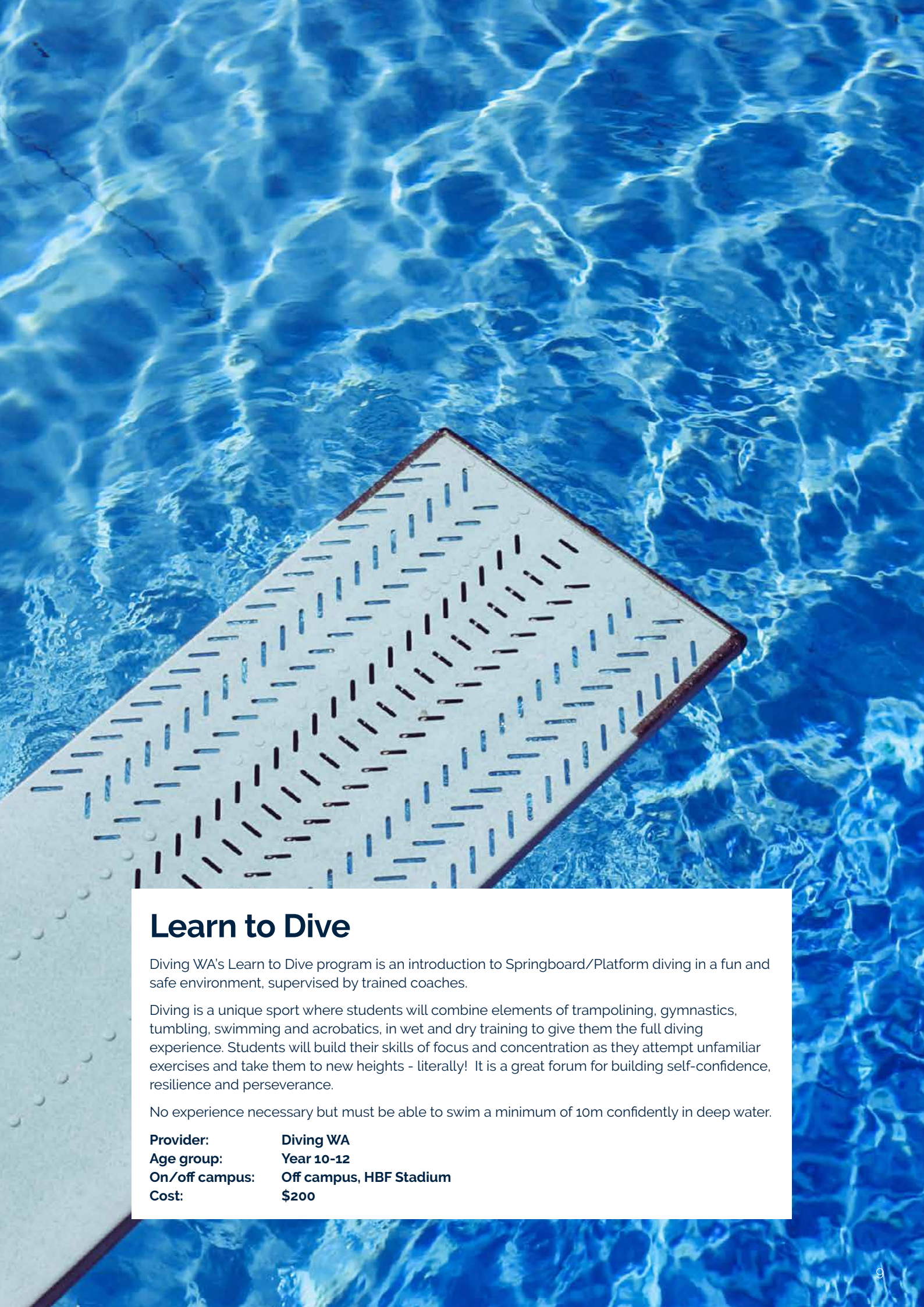
A mock trial is a simulated court case in which teams contest a fictitious legal matter presented in the WA court system. The cases are presented by two teams – a prosecution/plaintiff team and a defense/defendant team – made up of students playing the roles of barristers, solicitors, witnesses and court officials.

The Mock Trial Competition provides students with an opportunity to learn valuable skills in research and in the development and presentation of a persuasive argument.

Teams consist of 2 x barristers, 2 x witnesses, 1 x instructing solicitor, 1 x court orderly or judge's associate/magistrate's clerk and 2 x reserves.

Provider: GGS Teaching Staff
Age group: Year 10-12
On/off campus: On campus
Cost: No charge





Learn to Dive

Diving WA's Learn to Dive program is an introduction to Springboard/Platform diving in a fun and safe environment, supervised by trained coaches.

Diving is a unique sport where students will combine elements of trampolining, gymnastics, tumbling, swimming and acrobatics, in wet and dry training to give them the full diving experience. Students will build their skills of focus and concentration as they attempt unfamiliar exercises and take them to new heights - literally! It is a great forum for building self-confidence, resilience and perseverance.

No experience necessary but must be able to swim a minimum of 10m confidently in deep water.

Provider:	Diving WA
Age group:	Year 10-12
On/off campus:	Off campus, HBF Stadium
Cost:	\$200

Playing the Game!

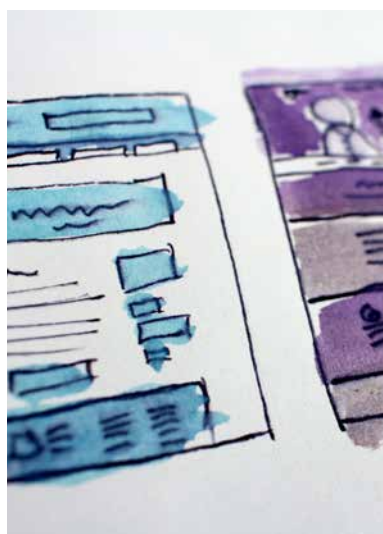
For some students, academic study and examination preparation can be challenging. Knowing how to study and how to 'play the game' will not only give you the secrets that others use to get across the line, but it will importantly provide you with many transferable skills that will set you up for success in your tertiary studies post-secondary.

In this activity, students will:

- Learn a range of relevant study and organisational skills that can immediately be applied to courses being studied this year.
- Obtain additional credit towards their WACE through the successful completion of one SCSA Endorsed Course – *Impowrd Pty Ltd – The Employment Advantage*.
- Complete a resume and cover letter to help them obtain employment.

This program runs for the full term and is designed for those students who would like more help or who genuinely have no idea how to study and want to know how. Learn to 'play the game' and reap the rewards of improved confidence and success from doing so.

Provider: GGS Teaching Staff
Age group: Year 11 and 12
On/off campus: On campus
Cost: No charge



Rapid Prototyping and Design for Manufacturing

This course will introduce you to both rapid prototyping (creating prototypes for research and design purposes) and rapid manufacturing (creating an end product that will reach the market). Using Computer-Aided Design (CAD), 3D modeling software, you will learn how to develop complex geometries from simple shapes, based on real-world models or from design specifications set in class. You will then be able to import your model into 3D slicing software ready for printing.

Students will need to provide their own laptop and, where applicable, may need to obtain their own software license (such as Adobe).

Provider: StemSmart
Age group: Year 10-12
On/off campus: On campus
Cost: \$300

Rugby Development

This activity is for Senior Rugby players in Year 10-12.

Coach Bardoul will be running the sessions which will include tactical workshops, set piece training and a captain's run.

It will also provide an opportunity to evaluate previous matches and plan for future fixtures.

Provider: GGS Teaching and Coaching Staff
Age group: Year 10-12
On/off campus: On campus
Cost: No charge





MoTown Ensemble Rehearsal

This activity is for those students who are involved in MoTown Band.

Please note, students identified as musicians for this band (by Mr Mark Underwood) are automatically signed up for this activity on Friday afternoons for the duration of the year. If you are keen to do another activity in any given year, please speak with Mr Underwood and he will be happy to release you so long as you are rehearsing at other times.

This time has been provided to permit more rehearsal time and to avoid clashes with other ensemble rehearsal sessions at other times.

Provider:	GGs Teaching Staff
Age group:	Year 10-12
On/off campus:	On campus
Cost:	No charge



Set and Prop Design (for Senior Drama Production)

Prop and set design are a very cool and creative part of the entertainment industry and, of course, theatre.

Prop and set designers have the responsibility of bringing a production to life. The words, storyline and ideas are already in place, but the whole thing needs to become real and believable. Every backdrop, every piece of furniture and every single prop needs to perfectly reflect the production's style, design and era. If this sounds like your thing, sign-up to be a part of the set design and prop team and help bring the Senior Drama Production to life.

This activity can also provide an opportunity to acquire Community Service hours.

Provider:	GGS Teaching Staff
Age group:	Year 11 and 12
On/off campus:	On campus
Cost:	No charge

Soccer Development

This activity is for Senior Soccer players in Year 10-12.

Coach Evans (1st XI coach) will be leading the sessions which will include tactical workshops, set piece training and general fitness.

It will also be an opportunity to evaluate previous matches and plan for future fixtures.

Provider:	GGS Coaching Staff
Age group:	Year 10-12
On/off campus:	On campus
Cost:	No charge



TAFE and Workplace Learning

If you have already organised for Workplace Learning or are currently registered for a TAFE course on Fridays, you will be allocated to this activity.

Please note all WPL assignments and/or TAFE arrangements must be organised through Ms Noort.

If you are interested in this opportunity for the future, please email Ms Noort to set up a time to meet with her. Ms Noort is keen to hear from students who express interest to share the many possibilities available to our students.

Provider:	Refer to Ms Noort
Age group:	Year 11 and 12
On/off campus:	Off campus
Cost:	Refer to Ms Noort



Senior Drama Production

This activity is for students involved in the Senior Drama Production – cast only and lead stage crew. You will be automatically signed up for this activity on Friday afternoons. This time has been provided for you to permit more rehearsal time in the lead up to the Senior Production.

Provider:	GGS Teaching Staff
Age group:	Year 10-12
On/off campus:	On campus
Cost:	No charge



Titration

Titration is a Friday Activity offered to develop and perfect the analytical skills of Year 12 Chemistry students. This technique and the theory behind it is an integral section of the Year 12 Chemistry course, contributing a large percentage of the course mark.

Being competent in this technique allows you to perform in class to a high level and will help you to achieve excellent results. You will be entrusted with expensive equipment and will learn to use this equipment for precise techniques.

Provider:	GGG Teaching Staff
Age group:	Year 12
On/off campus:	On campus
Cost:	No charge

Year 12 Private Study

Students in Year 12 who would like to use Friday afternoons for independent study are suggested to select this activity.

Please note that students who choose this activity will be expected to arrive with their study materials, to use their time effectively and to demonstrate maturity and respect in the designated spaces throughout the afternoon.

Note: This activity will be on campus for Term 2. Students who wish to leave campus on Fridays will need to sign out through Student Services, located in the Senior Admin Building.

Provider:	GGG Teaching Staff
Age group:	Year 12
On/off campus:	On campus
Cost:	No charge



Yoga and Mindfulness

Awakening the flow of creative energy and self-expression through yoga, movement, connection games, improvisation and relaxation techniques.

Assisting students to learn gentle stretching to help with greater movement range, find focus and inner strength through visualization and relaxation.

Run by:	Ms Claire Pianta, Common Earth Studio
Age group:	Year 11-12
On/off campus:	Off campus
Cost:	\$175



Sport Assisting

If you would like to assist our Junior Winter Sport staff and coaches in your respective Winter Sport on Friday afternoons, this is the activity for you. Your role each week will be determined by the respective staff in charge of each sport but will likely include one of the following roles:

- Soccer/Hockey Referee (if you're a badged official, you can earn \$ if you're happy to commit for the term)
- AFL Umpire (if you're a badged official, you can earn \$ if you're happy to commit for the term)
- Linesperson (Soccer)
- Boundary Umpire (AFL)
- Assisting with junior sessions (Rowing; Netball)

Sport Assistants are required in the following Winter Sports:

- AFL Footy (Jr Boys)
- Hockey (Jr Boys)
- Rowing (Jr Girls)
- Soccer (Jr Boys)

This activity can also provide an opportunity to acquire Community Service hours (if your service is unpaid).

Provider:	GGs Teaching Staff
Age group:	Year 11 and 12; Year 10s who are badged officials are also welcome to express interest.
On/off campus:	On/off campus
Cost:	No charge



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