GUILDFORD GRAMMAR SCHOOL – DINING HALL - SUMMER MENU (EXAMPLE)

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Assorted cereals Fruit yoghurts - assorted Milk cream - Hi-Lo Orange Juice Poached egg/grilled bacon	Assorted cereals Fruit yoghurts - assorted Milk cream - Hi-Lo Orange Juice Pancakes Continental Breakfast	Assorted cereals Fruit yoghurts - assorted Milk cream - Hi-Lo Orange Juice Scramble egg/grilled bacon	Assorted cereals Fruit yoghurts - assorted Milk cream - Hi-Lo Orange Juice Cheese & ham croissants Continental Breakfast	Assorted cereals Fruit yoghurts - assorted Milk cream - Hi-Lo Orange Juice Baked tomato & cheese Grilled sausages	Assorted cereals Fruit yoghurts - assorted Milk cream - Hi-Lo Orange Juice Bacon egg on wholemeal muffin	Assorted cereals Fruit yoghurts - assorted Milk cream - Hi-Lo Orange Juice Continental Breakfast
MORNING TEA	Assorted friands - Blueberry - Raspberry - Pistachio & almond	Assorted muffins - Blueberry - Choc chip or apple & cinnamon	Scones - Fruit/plain - Cheese/chive	Healthy muesli slice	Cupcakes - Chocolate or passionfruit	----------	----------
LUNCH	Hot beef rolls Salad Bar Fruit basket	Chicken Caesar salad in show bowls Salad Bar Fruit basket	Pastry of the day Salad Bar Fruit basket	Tandoori burger Salad Bar Fruit basket	Spaghetti bolognaise Salad Bar Fruit basket	Honey mustard drumsticks & rice Salad Bar Fruit basket	Roast Pork Roast potatoes Cauliflower cheese Baked pumpkin Assorted greens Salad Bar Fruit basket
AFTERNOON	Date & bran muffins	Anzac biscuits	Cut seasonal fruits and selection of cheeses	Assorted fruit box	Multi-grain bread & spreads	----------	----------
DINNER	Vienna Steaks with onion & gravy Seasonal vegetables Honey & sweet chilli pork fingers Steamed rice Salad Bar Daily pasta Fresh baked breads Fruit platter	Herb crusted lamb cutlets Tomato salsa Salmon patties and tartar sauce Seasonal vegetables Salad Bar Daily pasta Fresh baked breads Fruit platter	Roast beef carvery Roast potatoes Cauliflower cheese Baked pumpkin Assorted greens Salad Bar Fresh baked breads Fruit platter	Sweet & sour pork and jasmine rice Beef nachos Seasonal vegetables Salad Bar Daily pasta Fresh baked breads Fruit platter	Chicken parmigiana Macaroni Cheese French Fries Salads Breads Seasonal vegetables Salad Bar Daily pasta Fresh baked breads Fruit platter	Meatloaf Salad Bar Fresh baked breads Fruit platter	Mixed grill - Sausage - Steak - Chops Salad Bar Fresh baked breads Fruit platter
DESSERT	Flourless orange & almond cake	Lemon tart	Summer pudding	Baked raspberry & white chocolate cheesecake.	Chocolate mousse	Ice-cream	Mango/passionfruit mousse torte
SUPPERS - MILK & BISCUITS							